

April 2018



Commodore's Corner

At long last the weather is improving, so let's get our boats out and go sailing. YES, YES

The Laying up Supper was a great success even though the weather was cold and we had some snow.

A BIG thank you to Janis and Liam Dowling for all their hard work in planning, shopping, preparing and serving. A great success all round.

The working party on Saturday 24th March was very well attended. Sixteen people turned out and worked very hard, a great deal was achieved by all the hard work that was done by the group.

We have Steve Hills to do all the outside work, trees, grass, car park etc. BUT we are in need of a cleaner for the club house. If anyone would be interested please contact any of the Committee members. It will take about four hours each week.

Look forward to seeing you all on the water.

**DATES FOR YOUR
DIARY**



Open Meetings 2018

14

**Saturday 12th
Sunday 13th May**



Saturday 12th May



Sunday 13th May



Some of the images have hyperlinks to external sites or documents



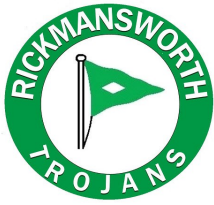
Membership Secretary

Hello everyone, I'm very pleased to have been asked to be the new Membership Secretary. This is so exciting and I'm looking forward to help increase the numbers for the Club over the coming year. Because of the various events such as Push The Boat Out, and speciality boat Opens, there should be many opportunities to achieve this.

The potential members that I have already shown around have been impressed with the enthusiasm of existing members who want to make our Club work and thrive. One comment was that we have so many diverse activities going on - sailing, training including power boat and first aid courses, social events, the bar, kayaking, Trojans, our work parties (and getting on with jobs in hand), not to mention that we own the Lake - they are very impressed with that. Being able to have a drink and BBQ at the end of the day, watching the sun go down, is pretty magical.

All of this needs volunteers to help make it happen - including Membership. PTBO is coming up on the 20th May and I would be so grateful to have a couple of helpers on the day to meet and greet at the gate and organise taster sessions for anyone who would like to have a go at sailing with an experienced sailor - it would give me a chance to at least have a couple of minute's break to get a burger from the BBQ!

Sue Davies



are coming!

Originally started in the 1960's by some rebellious youths, the Rickmansworth Trojans have a place in the heart of many past and present members.

On the 18th March, a training room full of interested parents/volunteers/children braved the snow to discuss the revival of the **RICKMANSWORTH TROJANS**.

Who are the Trojans?



The opportunity for the younger members of the club and their friends to get out on the water and have some fun; with supervised activities on and off the water it's the chance for new friends to be made and experience to be gained whilst still having fun.

Whether you want practice for your RYA Course, want to learn how to get into Racing, or simply just want to mess about in boats, the Trojans are here to make sure fun is had in a safe environment.

With the aim to split the group into 'Junior' and 'Youth' sections to make sure all age groups get as much out of their time with us as possible.

Does it cost?

Sessions are free of charge, but donations are greatly appreciated! We're lucky enough to have access to a wide range of club boats to use for free during Trojan sessions.

When is this all happening?

- ◆ 14th April (on shore session run by Jane Hawkins)
- ◆ 5th May (run by Briony Brock)
- ◆ 9th June (run by Claudia Wilson)
- ◆ 7th July (run by Peter and Alexia de Schulthess)
- ◆ 4th August (run by Claudia Wilson)



All afternoons will run from **1pm - 4.30pm** (the Club will be open from 12 noon with the intention of everyone attending being dressed and ready by 1pm and everyone off the water by 4pm).

How and where do I sign up?

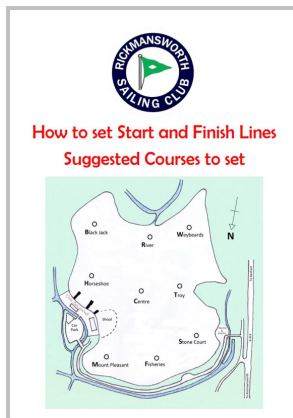
- 1) Join the dedicated 'Teamer' Group by following this link, then you will receive further information <http://tinyurl.com/y8mmq39t>
- 2) Keep an eye on the Trojan section of the website for updates and join our Facebook group <https://www.facebook.com/groups/RSCtrojans/>
- 3) Email to trojans@rscsailing.org
- 4) Or for more information, contact [Martin Smethers](#) or [Briony Brock](#).

RSC Electronic Documents

Clicking on each image below will give you access to the electronic version of these four Club documents.

Any changes will be reflected in the electronic version of each document.

They can then be viewed on screen or downloaded to your computer.



General Data Protection Regulation

With one or two exceptions, we managed to complete the work on time to comply with the new GDPR which comes into force on the 25th May this year. Thank you to those who completed the task themselves. In future, this will be linked with the annual membership renewals, so the whole process will be completed in one operation.

4

OPEN MEETING

Saturday 12th May at 1500

Sunday 13th May at 1100 and 1400

Entry fee
£15
per boat

RICKMANSWORTH TRANSONOM

3 races, best 2 to count
Winner of the Rickmansworth Trophy not eligible to win the Transom

RICKMANSWORTH TROPHY

One race, start at 1400 Sunday



Free breakfast bap
and hot drink from
0900 Sunday



Buffet Lunch both
days, £5 a person



Chilli
(or something)
SUPPER
Saturday evening
for £10 each

For further information, please contact

Ian Turfrey

turfrey@ntlworld.com or call on 01923 442957



STOP THE SPREAD

STOP THE SPREAD

INVASIVE
AQUATIC
SPECIES

CHECK-CLEAN-DRY

Are you unknowingly spreading invasive species on your water sports equipment and clothing?

Invasive species can affect fish and other wildlife, restrict navigation, clog up propellers and be costly to manage. You can help protect the water sports you love by following three simple steps when you leave the water.

CHECK

Check your equipment and clothing for live organisms - particular in areas that are damp or hard to inspect.

CLEAN

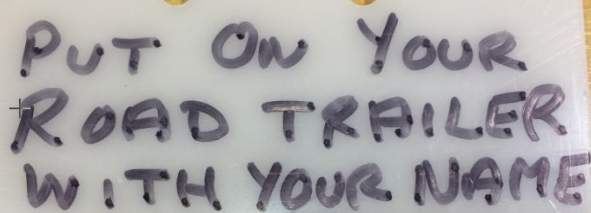
Clean and wash all equipment, footwear and clothes thoroughly. Use hot water where possible. If you do come across any organisms, leave them at the water body where you found them.

DRY

Dry all equipment and clothing - some species can live for many days in moist conditions. Make sure you don't transfer water elsewhere.

For more information go to www.nonnativespecies.org/checkcleandry

Jottings from the Sailing Secretary



PUT ON YOUR
ROAD TRAILER
WITH YOUR NAME

If you have a road trailer or a launching trolley that is not identified in the compound or in Alcatraz, would you please see David Hurst and get one of these plastic tags, along with a cable tie. Write your name on it (make sure it does not rub or wash off) and fix it to the front of your trailer or trolley. We need to be able to identify who they belong to. **Any that are not marked by the end of APRIL** are likely to be removed as there is not a known owner.

We are once again hosting a RSC Open Day, and like last year we are tagging it on to the RYA's Push The Boat Out initiative lasting for the month of May. This seemed to work really well for us.



TRY SAILING IN MAY

TASTER SESSIONS

Rickmansworth Sailing Club
Sunday 20th May 11.00am - 4.00pm

ptbo@rscsailing.org
www.rscsailing.org

RYA.ORG.UK/PTBO

Amy is arranging the event again, so please prepare to be "Amy'd" over the next few weeks. I know that she has the emails written and ready to send nearer the time. Your help and support in this is SO vital in making the day work, last year you were all AMAZING, let's make this year the same.

We are looking for raffle prizes again, so if anyone works anywhere suitable and would like to donate a prize, then please let Amy know and she will add them to the raffle.

We are also looking for people who are willing to help with things for the young people. Last year we were lucky enough to have a member's partner volunteer her time and donated the money she made to the Club, which was amazing. If any of you have any skills like this, please do make yourself known and Amy will, I'm sure get you involved!

As last year there will be a number of emails flying around, Amy will try and keep them to a minimum and only send you mails applicable to you, please respond in good time and that will keep her quiet!!

SAILING

This year we have introduced a lot of new events in to the sailing calendar. Firstly we have taken the decision to re-launch our youth section, The Trojans. There are six dates in for this year and we have had a great show of interest, please see a separate article for more details of how to get involved.

You will have also noticed that we now have a session on Sunday Mornings. These sessions are to get people on the water if they are a little short of confidence and need a bit of practice. If you are an OOD, please can you have set up a small triangle course so they can practice if they wish, we will be using this session as a taster session for prospective members, so it would be great if people could come and help with that on an ad-hoc basis. Each month there will be a coaching/advice session, if you can make a coaching session that will give people the opportunity to get their questions and concerns addressed.

We need to get more of you out on the water, we have a wonderful lake and it's such a shame that some weeks there are only a couple of boats out. The racing programme times have changed back to 12pm, so hopefully that will help.

We have also purchased a gas BBQ, so if you are down at anytime and want to bring a burger etc, feel free, you can light up the BBQ whenever you want. It makes events easier, and with Wednesday Sailing starting very soon, it's a perfect addition to the Club.

We have also, for this year introduced the role of Ambassador. The reason we have done this is to give the OOD some help to allow them to concentrate on

running the races. The Ambassador is the first point of contact for people who are visiting the Club, and to help new members, either themselves or pointing them in the direction of someone who can help. They will also take ownership of collecting money for club boats and getting the forms filled in and making sure if there are any issues with the boats the Bosun is made aware.

There are quite a few big things going on this year, we would appreciate any constructive feedback. We think that resurrecting The Trojans and introducing the Sunday morning sessions helps us, as a club, keep our membership interested and maintain the family atmosphere that we all love so much. We have a beautiful lake, and we are looking to use it as much as we possibly can.

Open Events

Coming up on 12th / 13th of May we have three opens in one weekend. We have the Int **14** Open Weekend, two days of beautiful boats out on the water. For the second time we also have the Fireflies on the Saturday. A new addition to this weekend is the Solos joining the **14s** on the Sunday. We have many club members who race in boats that fit into these classes, so we really look forward to seeing you out on the water with our visitors.

As usual there is catering available for the weekend. On offer will be breakfast baps, the traditional Ricky Ploughman's Lunch and Tim's famous chilli, with the availability of Vampire Slayer for those brave enough! Registration is at 0900 on both days in the Training Centre, with a briefing at 1000.

Club Dinghies

The Club owned sailing boats for hire, are now all displaying a Green **C** and a number on the bow or transom. The sails and spars for the boats will also be numbered soon to match them to the boats and are kept in the respective larger boats, or just inside the boat shed on the right hand rack next to the Kayaks for the smaller boats. Please remember to fill in a hire form and pay the correct fee in the box at the bar when you hire the boats. Any damage or issues with the boats should be noted on the form so that I can get the issues resolved.

The main boats for hire are:

- 2 Wayfarers
- 1 Wanderer
- 1 Comet Versa
- 1 Laser 2000
- 2 Lasers2 Pico
- 2 Oppies
- 1 Topper
- 1 Solo

Boats 4 Sail

If you are looking for a used boat or a project, then we have several boats for sale at the Club from members or past members. Please contact me or see the list on the club house notice board for details

Crew matching

If you want to crew or are looking for a crew please sign on the board in the club house.

You can also post on the Club [facebook](#) page.

David Hurst

Sailing Secretary

Use of Club Dinghies



Club Boat Usage/Payment Log

00001

Double handed boats £10 per session
Single handed boats £ 5 per session
Kayaks No charge

Member's Name	Name		
Time OUT		Time BACK	
Boat Class		Boat or Berth number	
RYA Certificate (if any)	RYA Level	Fee Paid £	£00
Report breakages, damage or missing parts here			

Insurance

Boats are fully insured by the Club, with third party cover to £3,000,000 (three million pounds).

Statement of Risk which applies equally to casual sailing as it does when racing.

Rule 4 of the Racing Rules of Sailing states:

"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk.

By taking part in the event or casual sailing, each member of the crew agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event or for cruising and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event referred to in the Sailing Instructions and to attend any safety briefing held at the venue.

Signed		Date	DD / MM / YYYY
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Distribution: White copy: Cash Box (Treasurer)

Pink copy: Remains attached to this book

When you use a Club boat, please do the following:

- 1) Speak to the Ambassador or Duty Officer and select a boat to hire
- 2) Complete the Usage/Payment Log which is usually behind the bar
- 3) Note any damage evident BEFORE you use the boat
- 4) Pay the appropriate amount
- 5) When you finish, please note any damage or breakages that occurred whilst you were using the boat
- 6) Remember to read the Statement of Risk and sign the form before you sail

Fitting Out Supper

St. Patrick's Day became our Fitting Out Supper with some 40 people booking tickets at £10 per head. The hall was dressed in bunting, made by a member of the social team.

The bar opened at 1800hrs, and the Rebellion beer was flowing as fast as the snow was falling! Bottles of red and white were being ordered quicker than Paul Hills could run to get them. Paul worked very hard, and coped extremely well.

Meanwhile, Head Chef Janis Dowling with Sous Chef, Sue Davies and Dessert Chef, Sue Smethers began the arduous task of finalising the order of service. Our Bar Secretary, Liam called order for Martin Smethers to say Grace. He read a beautiful poem, entitled the **Sailors Grace** which was written especially for the event by a local personality.

The Sailors Grace

*Lord we thank you for our partners, friends
and for our brave sailors who defend our land.*

We are about to set sail, and I see a storm coming.

We pray that our Captain steers a safe course.

The sea is rearing up, and my heart is down.

The sky is dark and I fear the water around will take me.

*Yet I see a few bright stars in the sky which give's me hope. We know
you are there.*

*Give us all the courage and strength to fight the waves
of evil on land and sea.*

*Find us all a safe haven and take us to your table so that we may
enjoy your fruits of life.*



The aroma of Beef in Guinness filled the room and members with guests started to salivate. After a controlled rush the beef, in a lovely sauce with mushrooms, peas and carrots was served with a piping hot jacket potato. Several members went back for more prior to 'attacking' the lush desserts followed by cheese and biscuits.

Our Vice Commodore, Peter Tobin thanked the chefs with flowers and all for attending on a night which most would want to stay at home.

*"Please
Madam
Commodore,
may I have
some more?"*



Apart from the food and camaraderie the event of the night was a film show which 'demonstrated' what the Club was like many years ago. Our special thanks go to Robin O'Donoghue for collating the original film and turning it into something that modern equipment can read.



Time was called and all entered the darkness with warmth in their hearts ready to tackle the cold night air.

Look out for the next event, the Summer Lunch.



If so, please go the Members' section of the website, find your own record and update the information there.

If you have difficulty in doing so, please send the details to

membership@rscsailing.org

Solo Open Meeting

Sunday 13th May 2018

Entry fee £15 per boat



Free breakfast bap
and hot drink
from 0900



Briefing 1020

1st Race 1100

2 out of 3 races to count

Lunch at £5 a person

For further information, please contact

Paul Johnson

secretary@rscsailing.org

01923 770691



This *Stephen Dews* signed print entitled
“Summer Racing off Cowes” was a particular
favourite of longstanding former member
David Richards.

His widow, Sheila, has donated it to the Club and
it looks great in its new home behind the bar.

Firefly Open Meeting part of the M25 Series

Saturday 12th May 2018

Entry fee £15 per boat

(reduced to £10 if both helm and crew are under 18)



Free bacon bap and
hot drink from 0900



Briefing 1020

1st Race 1100

2 out of 3 races to count

Lunch and afternoon tea available

For further information, please contact either

Steven Greaves

stevenmgreaves@gmail.com

Mobile: 07961 350033

or

Martin Smethers

martinsmethers@rscsailing.org

Mobile: 07860 352279



Click here

 Join

 Shop

 Raise

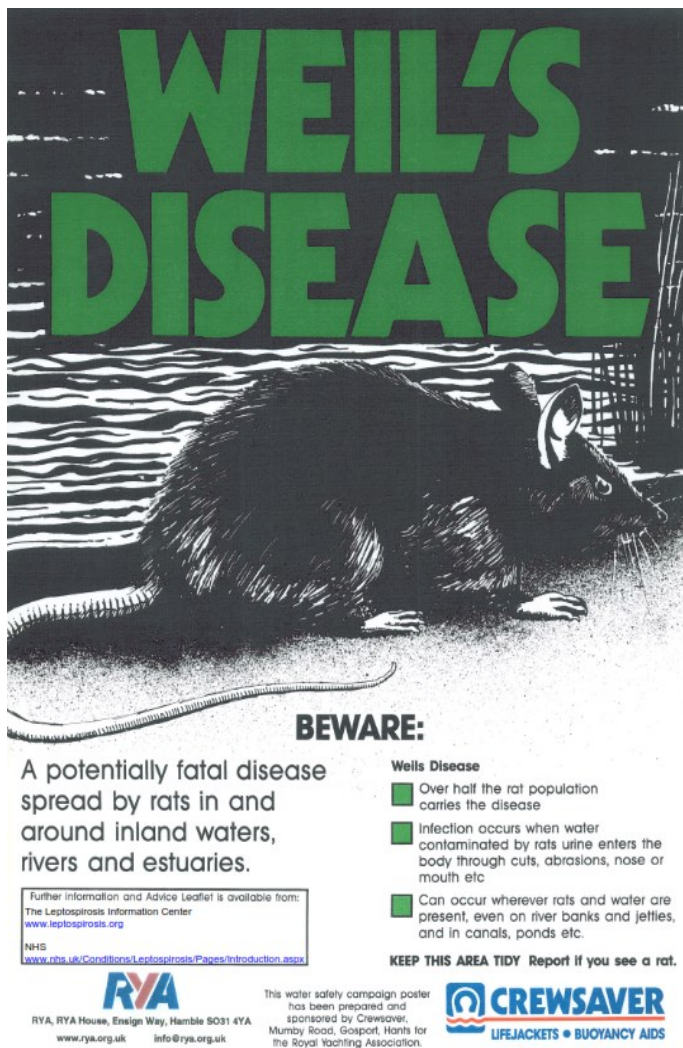
Collect **FREE** funds for us
any time you shop with

 **easyfundraising**
feel good shopping

Sign up now

£145.10

Has been raised so far



24th March Working Party

First of all I would like to thank you all for helping.

The day started dull with drizzling rain, but that did not stop the work carrying on.

At the far end of the compound, Richard Foyle and Mike Herman set to work dismantling the old weed harvester to make way for the new rib slipway.

Our Commodore, Ann Allen was hard at work on jet washing the veranda, a wet job but that did not put Ann off.

The orange weed harvester was moved over to the Firefly slipway, then it will be moved onto the flat grass area for maintenance.

Tim Porter, Jonathan Carter and Rhell Butler set the harvester down on tyres and floats. If you would like to get involved in this project contact Paul Hills or Ian Turffrey.

John Lyons and Peter Heilbrunn were busy fitting the key box and fire extinguisher boards around the compound, also fitting the new winch cover.

A new Firefly floating slipway was made by Paul Johnson out of oak and fitted into place by that great engineer of ours *Isambard Turffrey*. Then tested with a **14**, Pico and Laser, all works well.

Refreshments went well, soup, coffee, tea, sausage rolls, Bakewell tarts, Wagon Wheels and fruit, all washed down with a free pint of beer at 1pm.

Paul Johnson and Nigel Heeler were busy cleaning the area for the new rib and Jaffa garages.

Paul and Steven Hills have fixed a retaining wall of RSJs and sleepers.

David Hurst, Amy Francis, Paul Knight and children applied new numbers to the Club boats, c1 to c19.

The workshop is coming on, Matt and Damien Tobin fixed the joists hangers and beams, they love working with wood

Once again I thank everyone for helping and if you would like to help on a project please contact me, I will then send you a copy of major, non-major works and small works programme for the year.

Peter Tobin



Club Dinghy Hire Fees per session

Double handed dinghy - £10

Single handed dinghy - £5

Kayaks - No charge

Please be sure to sign the Boat Hire Book behind the bar so that we have a record of the usage and gear problems.

This also includes a declaration which is required for insurance purposes

Various activities taking place at the working party on the 24th March.
Note the new floating launching ramp at the bottom of the Firefly slipway.
This should make launching and recovery very much easier.



Launching and Recovery Improvements

Improved launching and recovery facilities

In response to comments from members about how difficult it can be to launch and recover dinghies, especially when the water level is low, we are taking steps to improve our facilities.

At the bottom of the middle (Firefly) slipway a hinged ramp has now been installed so that dinghies will slip into the water and not fall off the edge.



A larger project has now started to reinstate the slipway at the far end of the boat park, where Batchworth Dragon boaters keep their canoes. At around 10° to 12° the slope into the water is much shallower than elsewhere and runs straight into the water, so no need to turn a boat. The plan is to extend the slipway into and under the water so a boat will simply float off its' launching trolley. This will make this slipway the favourite for large

dinghies. At the top of the slope will be a winch inside a garage, where our RIB will live. Alongside will be a second garage.

Between these garages and the boatshed is where we intend to keep all the Club boats.

This is a substantial project which will make launching and recovering boats so much easier. We intend to have the work done by early May! To achieve this ambitious timetable we do need help from members. Thanks to Paul Hills and his brother a lot of work clearing the area has already started.

Next we must shore up the river bank and erect fencing behind the land where the garages will go, arrange shuttering and lay hardcore for areas to be concreted, mix and lay 18m³ of concrete, extend the slipway into the water and erect two garages. We already have some offers of help for this but need more, especially on Saturday 21st April when we plan to mix and lay the concrete.

If you able to help, especially on Saturday 21st April, please let Paul Johnson know by e-mailing him at paul_johnson@sky.com



8th, 15th, 22nd and 29th

Please help keep the weed away.

If you can manage a session, please contact **Peter Tobin** on **07811 038407**



Working Party
Saturday 28th April,
09:00 - 13:00

The list of jobs will be emailed nearer the time



Summer Lunch

Saturday 24th June

12:15 - 2.30pm

Cold Buffet

Mouth Watering Sweets

Cheese and Biscuits

All for £15 a person

To book your ticket please contact

ROBIN WILSON on 01753 885770

or email to reservations@rscsailing.org

No later than the 18th June please



To book right away, just

Click here

Training at RSC in 2018

We still need you

- ♦ **Are you a good sailor?**
We can turn you into a RYA instructor
- ♦ **RYA Instructor?**
Don't be shy - go on, join the team today!
- ♦ **Powerboat driver?**
Come along to keep us safe while we train.

RSC's third season as a RYA Recognised Training Centre

We're looking forward to another season of RYA training at RSC, although it has really already started with three people having completed powerboat level 2 courses to set us off to a great start and four gaining their RYA First Aid Certificate. In case you didn't know the training team is pleased that not only are we able to introduce people to great water sports, we also deliver worthwhile funds into the Club that go to making it a better place for all.



been well appreciated by club members and those on training courses reversing the negative comments sometimes received about the older Dories we had to rely on.

From an instructor's point of view, it is great to be able to show students a new boat that you know is going to start! We hope that the boat will be of great service to the Club and that you will have a chance to enjoy it too.

We're trying to keep the club dinghies in good repair so please help by reporting any problems that you become aware of – you can do this easily by completing a new hire form (you can fill one out with an appropriate comment if you notice a defect but haven't hired it out).

Our 2018 Programme

The main dates for dinghy training are set and published on the website, you can see them most easily on our [training page](#) but they're also in the calendar.

There will also be plenty of opportunity for powerboat training with in-house courses or RYA powerboat level 2 or Safety Boat on offer.

We're really glad to announce that John Ashton qualified as a Powerboat Instructor in late 2017 and is a strong addition to our team.

If you're interested in undertaking any training or would like to join the team please [let us know](#).

Boats

We're really glad that the Committee has added a lovely new Jaffa to the club's fleet. It has already

Training the Trainers

Dinghy Instructor Course at RSC



The RYA have allowed to run a course to help us train our trainers.

By the end of the course we should have three more qualified Dinghy Instructors on our squad.

Running from Friday 13th - Sunday 15th April and Saturday 21st and Sunday 22nd April. We are looking for 'volunteer students' on Sunday 22nd.

Please contact [me](#) if you're interested in joining.

“ Staff “ Once again our thanks to all who help with training, we do appreciate it and couldn't do it without you.

First Aid

An up to date certificate is a must for RYA Dinghy, Senior and Powerboat Instructors and it's great to know that other club members are qualified too.

We're proud to have an RYA First Aid Instructor, Martin Smethers, on our team so that getting great training in this important area is even easier for us.

As ever, the committee has been really supportive of this, and the Club has invested in superb kit to enable us to deliver courses to the required standard. Income from courses run so far has already more than repaid the investment.

Great job Martin!

Please check out the Club's [calendar](#) for forthcoming courses or contact [Martin](#) if you're interested in this training.



If you're interested in any of the above please contact [me](#) (Martyn Hawkins) or [Graham Smith](#)



Following the recent
RYA FIRST AID
Course, the next
one is planned for

SUNDAY 15th JULY

*Please contact
Martin Smethers for further
information or email
training@rscsailing.org*

The cost for Club Members is £50

**This certificate is accepted
for First Aid at Work
requirements.**

 FIRST AIDERS ARE:	
Martyn Hawkins	Jane Hawkins
Martin Smethers	Sean Hodges
Graham Smith	Paul Johnson
John Thomson	David Matthews
Ian Turffrey	Sue Davies
Jonathan Carter	Nigel Heeler
Michael Smith	John Ashton
01/03/2018	



Joining Point ref:
008111053



U3A Week Day Sailing

The Club is not just open for Sunday Sailing. We have lots of days set aside for training and other events. Today, many people have varied working schedules, such as Police or Ambulance. There are lots of organisations that operate around the clock. This means their 'time off' occurs mainly in the week.

Well, members now can relax on the water during the week. The U3A (which is a social organisation) uses our lake on a regular basis.

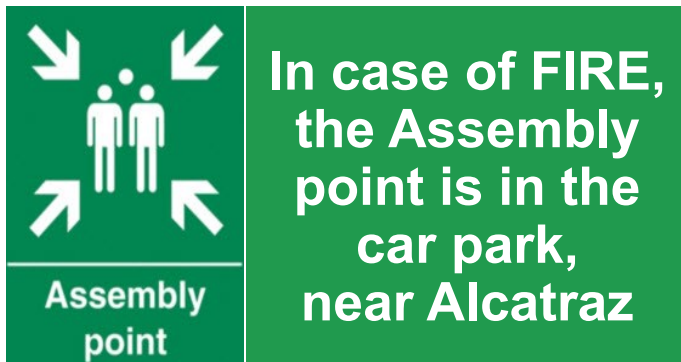
Your Committee provides OOD coverage for each visit to our club. So if you want to 'chill out' join us on one of the following mid-week dates.

The Club will be Open from 1300hrs to 1630hrs.

Come for a sail or just sit and have a glass wine or a pint of Rebellion at only £3 a pint OR just come down and do a few jobs to help maintain the Club.

Dates for 2018 are

	Wednesday April 25 th
Tuesday May 8 th	Wednesday May 23 rd
Tuesday June 12 th	Wednesday June 27 th
Tuesday July 10 th	Wednesday July 25 th
Tuesday August 7 th	Wednesday August 22 nd
Tuesday September 11 th	Wednesday September 26 th
Tuesday October 9 th	Wednesday October 24 th





Members, visitors and guests of the Club may use the Club premises, and any other facilities of the Club, entirely at their own risk and impliedly accept that:

- (a) The Club will not accept any liability for any damage to or loss of property belonging to members, visitors or guests.
- (b) The Club will not accept any liability for personal injury arising out of the use of the Club premises, any other facilities of the Club either sustained by members, visitors or guests or caused by the said members, visitors or guests whether or not such damage or injury could have been attributed to or was occasioned by the neglect, default or negligence of any of them, the Officers, Committee, Trustees, Members or Servants or Employees of the Club, Visitors or Guests.

March 2017 Rule 19.1



We aim to be at the Croxley Revels again this year, although it does coincide with our Summer Lunch on the same day.

If you can help at the Croxley Revels, please contact Paul Johnson by email at secretary@rscsailing.org or call 01923 770691.

Medical Information Forms

If you have not already done so, please complete this form and return it as soon as possible. There is a further copy included with this Troy Times.

There have been a couple of new First Aid boxes placed in the kitchen. The lower green box contains blue catering plasters, bandages etc., and is only to be used by those who are catering in the Kitchen or Bar. The orange box above it contains items for dealing with burns. Both these boxes are sealed and should not be used for general purposes.



For general use, the one to the right of the serving hatch contains all that you should need. This one is not sealed.



If you use any items from any of these boxes, would you please enter the details in the record book which can be found behind the Bar, so they can be properly restocked. There is also an Accident Book there for recording any incident where medical intervention is required.



The instructions for filling in the Accident Book are written on it.

A fantastically friendly family club on beautiful waters and a great place to learn to sail or improve your sailing skills

RYA Training Centre

or perhaps train to handle a power boat safely

THINK!
WEAR YOUR KILL CON.

All for reasonable prices

We'd love you join us or to welcome you onto one of our courses or both. To find out what we offer and how to join us please visit our website: www.rscsailing.org

RSC Merchandise

Club Key Rings and Car Window Stickers can be purchased from the Bar



£2.50p



50p

Club



Clothing



Fleece and Cap

£26 inc VAT



Polo Shirt

£21 inc VAT



£9 inc VAT

Not included in the price of a Fleece or Sweat shirt.



Sweat Shirt and Cap

£21 inc VAT

RSC Logo on left breast

RSC Website beneath the collar line on back

RSC Website above the adjusting strap on back of cap

Personalisation can be done at extra cost, contact John Ashton on 07779 800424 to discuss details and costs

Polo shirts only in 5XL and 6XL

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Chest to fit (ins)	34-36"	36-38"	38-40"	40-42"	42-44"	44-46"	46-48"	48-50"	50-52"	52-54"

ORDER FORM			
Item	Quantity	Size	Price
Total amount due £			

How to pay and order

- 1) Complete the order form above, include price and calculate the TOTAL amount to pay
- 2) Pay by BACS transfer to
Rickmansworth Sailing Club
Sort Code: 30-15-95 Account Number: 00056128
and mark payment reference as CLOTHING
- 3) Scan and send your completed order form to: John Ashton at john@vja.me.uk
- 4) Complete your details below

Name		Telephone:	
Email address			

You will be advised when your clothing is ready for you to collect from the Club

Handbook entry update

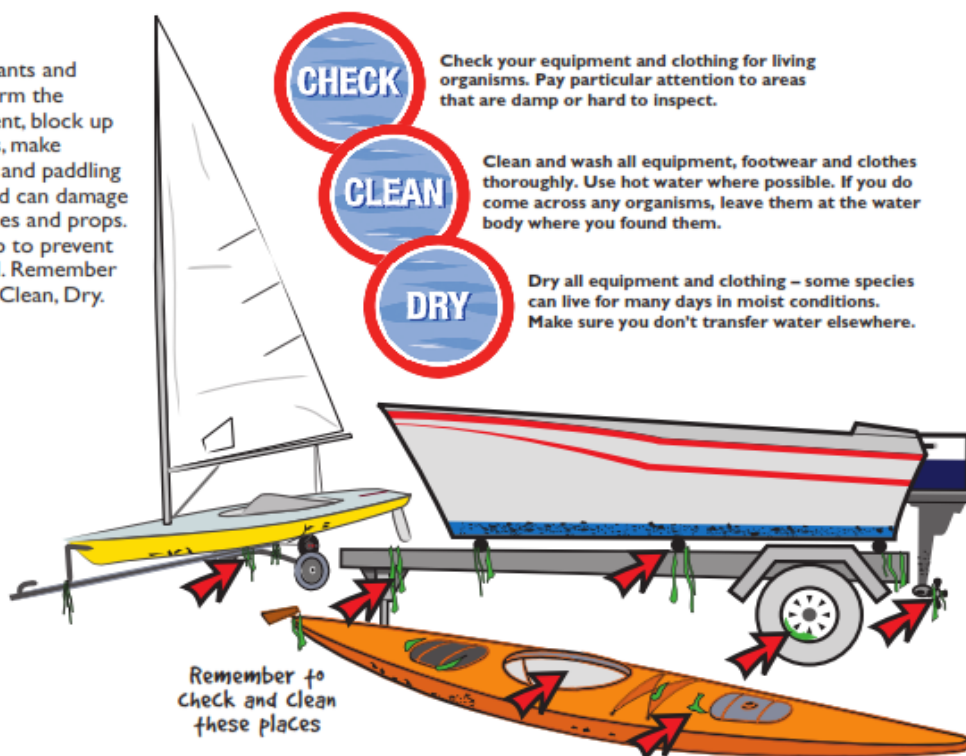
Robert Kamola

14B Elphinstone Street London N5 02076 070615
1BS 07888 852574

wccaz@yahoo.co.uk



Invasive plants and animals harm the environment, block up waterways, make navigation and paddling difficult and can damage boat engines and props. Please help to prevent the spread. Remember to Check, Clean, Dry.



CHECK

Check your equipment and clothing for living organisms. Pay particular attention to areas that are damp or hard to inspect.

CLEAN

Clean and wash all equipment, footwear and clothes thoroughly. Use hot water where possible. If you do come across any organisms, leave them at the water body where you found them.

DRY

Dry all equipment and clothing – some species can live for many days in moist conditions. Make sure you don't transfer water elsewhere.

www.nonnativespecies.org/checkcleandry



Comet Open Meeting



Comet Class Association

Saturday 8th September 2018

Entry fee £15 per boat

(reduced to £10 if both helm and crew are under 18)



Free breakfast bap
and hot drink from

0900



Briefing 1020

1st Race 1100

2 out of 3 races to count

Lunch and afternoon tea available

For further information, please contact

Martyn Hawkins

martyn_hawkins@hotmail.com

07951 694673 or 01753 651353



TROY TIMES

Publication	Final copy date
July 2018	28th June 2018
October 2018	27th September 2018
January 2019	27th December 2018
TROY BULLETIN	
May 2018	26th April 2018
June 2018	26th May 2018
August 2018	26th August 2018
September 2018	27th September 2018
November 2018	27th October 2018
December 2018	28th November 2018



RICKMANSWORTH SAILING CLUB

Troy Lake West Hyde Rickmansworth Hertfordshire WD3 9YB

Member Information for use in an Emergency

In case of an emergency and as part of the Clubs responsibility to its membership, ALL Club members are requested to complete this medical information form as accurately as possible. This is of the utmost importance if you are likely to be at the Club alone and/or without any other member of your family with you.

These details will be held in a secure box with access restricted to authorised club officers only, but may be passed to the emergency services if required.

Please type or complete in BLOCK CAPITALS

Boxes marked with an * MUST be completed please, others are optional but desirable

* FULL NAME			* DOB	DD / MM / YYYY
* ADDRESS				
* ADDRESS		* POSTCODE		
* NAME of NEXT OF KIN or OTHER CONTACT		* PREFERRED PHONE No.		
* RELATIONSHIP (If any)		YOUR NHS No.		
* GPs NAME		PHONE		
* SURGERY				
* As far as you know, are you allergic to any drugs?	If so, please state here:			
Are you taking any regular medication? If so, for what reason?	If so, please state here:			
Do you have any long term illnesses or injuries?	If so, please state here:			
Do you have any of these disabilities?	☐ Deaf - completely ☐ Hearing impaired ☐ Visually impaired ☐ Physical disability If ticked, please add further information here			
Declaration	I consider myself (my son/daughter) to be physically fit and capable of full participation and agree to notify the Club of any changes to the medical information provided. Furthermore, in the event that I am injured I give my permission (for my son/daughter) for the senior club officer present to obtain medical treatment on my behalf. I also consent to the details on this form being handed to the emergency services if required and for my next of kin to be contacted by the Club / Emergency Services.			
* Signed			Date	
Additional comments:				

When completed please return the signed form to:

Martin Smethers, Health and Safety Officer at the address below, or return by email to:

martinsmethers@rscsailing.org

Rev 02/18



Please reply to: 10 Hazel Close, Alderholt, Fordingbridge, Dorset SP6 3DQ

Telephone: 01425 652196 Mobile: 07860 352279 Email: martinsmethers@rscsailing.org www.rscsailing.org

An Inspired Facility

