



Commodore's Corner

After indifferent weather, last weeks conditions seemed to be on the up with temperatures up 20°C. The countryside is starting to turn green and this should encourage us all to think about OUR CLUB, sailing and getting together with all our CLUB friends.

Martin Smethers has collected news from you, which we will all find of interest covering what's coming up soon in the sailing season at RSC. So please make time to read this Troy Times.

Ian, your Commodore

Saturday 13th MAY 2017



TRY SAILING with RYA PUSH THE BOAT OUT



RICKMANSWORTH SAILING CLUB
Troy Lake West Hyde Rickmansworth Hertfordshire WD3 9YB

11:00am until 4:30pm

Have a go at sailing with fully experienced members in a variety of dinghies

- Look round our facilities and talk with our members
- Refreshments all day
- Bar B Que
- Sit on Kayaks to try
- Licensed Bar



For further information please call

01923 442957 - 01923 770691 - 07789 814430 - 07860 352279

www.rscsailing.org

or email: rsc.membershipsecretary@gmail.com

www.rya.org.uk/go/PTBO



Old £5 notes cease to be legal tender after the 5th May this year

With less than two months left before they cease to be legal tender, shops have now been told not to hand over old-style paper £5 notes in change. The advice has been issued by the Bank of England ahead of the **May 5th deadline** for them to be taken out of circulation.

So what should you do if you're handed one - or if you still have one lurking in a piggy bank somewhere?

This may well be an issue for plenty of people still - there were close to 165 million paper £5 notes still in circulation at the start of 2017.

The answer is to try to spend them in the RSC Bar. Two pints of Rebellion for a Fiver!!



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I enjoy receiving emails telling me about what is going on at Ricky, and I am so pleased to see so much activity. Different from my time so long ago but I am reminded of the happy times I had and

the great benefit sailing brought to the development of Jane and Peter.

We used to go to the Firefly Nationals with a super crowd of Jane's mates, and Jane crewed for me one day and Peter the next until, that is, Jane did not want to crew for me any more. When asked why, she said "well Dad, I do like to be a bit nearer the front!" As she and Johnny Ellis were National Champions twice she had good cause. All I could do was challenge for the last place. Sadly, her two sons are very much into football and a busy professional and domestic life now leaves her no time for sailing.

So few names that I read about bring faces to mind, but I do, just, recollect Ian Turffrey, and remember all three Trustees and Martin.

Carry on the good work, and I hope the enclosed will help a little in your efforts.

Alan Ireland

Rustington

Matt Tobin received this email from Rachael Housego

We took 5 days to get to Cape Verde then 14 to get across to St Lucia from there. There was no wind pretty much all the way across so we had to motor a lot which was annoying but it was a good crossing. I got off the boat in St Lucia and joined another boat and we sailed up to the BVI's for Christmas and New Year and then back down stopping along the way to Grenada. We took part in the Grenada race week and then I got off and got a lift up to Carriacou with another boat from the ARC, stayed there for a few days and then got a ride up to St Lucia on a charter boat delivery. I'm now staying on a charter boat for a few days and flying out to Toronto on Tuesday and going on to New Zealand from there. Are you thinking of doing the ARC this year? I've seen quite a few adverts go up on the crew website for people looking for a crew and starting to organise things even this early on.

Rachael

Somewhere in the World

14 OPEN MEETING

Saturday 6th May at 1500

Sunday 7th May at 1100 and 1400

Jottings from the Sailing Secretary

Sailing Programme

As we move into Spring our Sunday Sailing format changes. The first race will start at 11:00am as a 45 minute Pursuit race.

The objective of a pursuit race is that, if boats of different classes are sailed by crews of equal ability, they should all cross the finishing line together, having started at different times related to the sailors' personal handicap linked to their boat class.

Before the start of the race you will be allocated your personal start time. This is the time you should aim cross the start line of the course. Keep on sailing around the course and after 45 minutes from the beginning of THE RACE the hooter will sound for the end of the race and you must sail past the next mark on the leg of the course you are sailing. The boat that is leading the race wins.

Your personal/boat handicaps will be published on the club house notice board showing your Pursuit start time. *As an example:* David Hurst: Laser 2000 +4min, Richard Foyle: Super Nova +6 mins. The OOD will start the race as normal 5,4, 1, 0; then David will start his race +4 mins from the '0' and Richard at +6 mins from the '0'. The OOD will sound the hooter every minute until all boats have started.

Boat Park



Now that all the membership renewals are in and we can identify boats that have been paid for, I will issue 2017 boat stickers to the paid boats. Any unpaid boats without stickers on 1st May will start to be moved to Alcatraz and secured. We will then start the formal disposal process for these boats. If you require a new space for your boat then please advise me and I will allocate you a space.

Club Boats

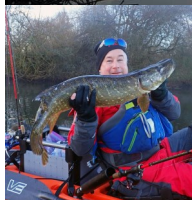
Club boats will be numbered with large numbered stickers so that they can be identified. The sails, trolley, cover and spars will also have the same number allocated so that we can ensure complete boat kits are easily identifiable. Please remember to pay the appropriate fee for the club boat hire and put the money in the bar box. If you spot any damaged or missing bits make a note in the book on the bar so that we can repair the boat. The money from the boat hire is used to keep the boats in good order.

David Sailing Secretary

April 2017



Kayak Fishing on Troy Lake



Uxbridge Rovers have become the first club in the country to have kayak fishing on one of their club waters. Gaining access to freshwater fisheries for kayak angling has been something of an issue in the past but in a joint venture between Uxbridge Rovers and Rickmansworth Sailing Club an exploratory day was held on Troy Lake in late December of 2016.

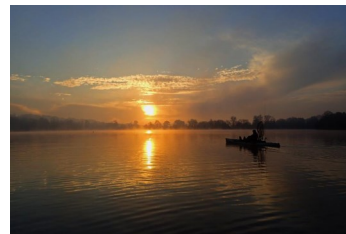
Several URACS members are active kayak anglers having weekly sessions on the clubs stretches of the River Thames and they were keen to try out the predator fishing on one of the clubs larger lakes.

Six anglers braved freezing conditions in search of pike and it didn't take them long to find them. Mark Radcliffe stated that it was some of the most prolific pike fishing sessions he has ever experienced with four anglers catching thirty fish in less than three hours. Mark himself had 14 pike with the best fish going at 13lb 7oz, others of 13lb 2oz, 12lb 10oz and many 9 and 10 pounders comprising the massive haul. Then at 12 noon the fish just switched off, with only one more being caught during the day.



It was something of an eye opener because this lake has a reputation of being a very hard fishery. When paddling across it the lake is shallow and clear and there were no fish visible to the eye or the electronic fish finders on the kayaks. The shoal of pike was located in one of the deeper areas of the lake not accessible from the bank and for a couple of hours they were in a feeding frenzy.

Whilst kayak fishing is only suitable for some of the very large lakes in the Colne Valley, it just goes to show how this style of fishing can unlock the full potential of a water and its great that URACS has been able to lead the way in expanding this area of the sport with the aid of Rickmansworth Sailing Club. It is expected that there will be three designated days of kayak fishing throughout the winter season held on the lake.



In Memorium Ron Hamilton



Sailed Away

Sadly, Ron Hamilton is no longer with us.

On Friday 10th March our Commodore Ian Turffrey, Peter Tobin and Liam Dowling represented RSC at Ron's funeral service, held at Breakspear Crematorium, Ruislip.

Ron was a long time member of Kingsmead Sailing Club.

Most of you will recall that the club was forced to close by their landlord and many of the members joined RSC. We were lucky to have Ron with us. Be it only for a short time.

Liam recalled to Ian and Peter that he will not forget Ron coming into the bar with his pall and ordering two half pints of Rebellion. Liam managed in the end to get him ordering pints! A charming and very popular man with a lot of friends who will miss him dearly.

Health and Safety Policy



Rickmansworth Sailing Club ("the Club") is privately owned and operated by and for its members for the purpose of providing and developing competitive, recreational and youth sailing, including training, in a social and family atmosphere. An elected volunteer committee coordinates the operation of the Club and sets out to engender a thoughtful and safe environment with risks as low as reasonably practicable for our sport.

The Club encourages high standards of Health and Safety. The Committee and Club recognise that compliance with Health and Safety legislation, and the recommendations of our insurers, is as important a management activity as any other in providing a safe and enjoyable environment for our sailing.

Members shall at all times comply with the Bye-Laws on all matters relating to health and safety on themselves and other members, visitors or guests.

It is the policy of the Club that all members and guests are responsible for their safety and that the Committee ensures that safety training and instruction are available to its members. Specifically it is the responsibility of the individual to make an assessment of prevailing conditions on land and water and take prudent precautions to ensure their own safety and that of those around them. Members should be aware of the RYA Risk Statement as modified for RSC.

The Committee encourages feedback on potential safety risks and reports of accidents or near misses with a view to mitigating the risk if reasonably practicable. Any dangerous occurrence should be made safe if it is safe to do so. All accidents and injuries or medical emergencies shall be recorded in the Accident Book which is located behind the Bar.

Duties, Responsibilities and Procedures relating to Health and Safety including the Child Safety and Welfare Statement are maintained and updated in electronic and paper formats. Members' guidance will be facilitated via notices posted in the Club, Troy Times or in the Troy Bulletin.

Fitting out Supper

The our annual Fitting Out Supper was held on the 18th March, and it was a tremendous success, with 33 members including some friends from U3A. It started off a little bit late - by the time I turned up at 7.00 there were only a few people there. This was largely due to the fact that the 6 Nations Rugby final was on TV and didn't finish till that time. Being sanctimonious, I missed the last eight minutes of it!!!

Anyway within a very short time the club house was heaving with old and new friends, although I was sorry that Ian Moore wasn't able to make the evening. Liam was doing his favourite job brilliantly, mustering up support for Rebellion Beer, and running the bar with his usual good humour and banter which we all love. Thank you for that Liam. The lovely Ann Allen was on form as well, being the life and soul of the party, but also taking such good care of any children, talking to them and making sure they weren't left out.

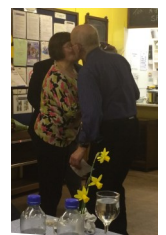


Two clean plates, waiting for more!

A huge thank you to Madelyn and Ian Turffrey who did an amazing job of feeding us all and making sure that the evening ran smoothly.

A mammoth task in itself. The coq au vin and vegetarian moussaka went down a treat with very few left overs. Both were delicious - I know, I sampled them both! We also had starters and a choice of pudding which was great value at the ticket price of only £10. How did they do that?? We managed to get the bulk of the clearing up done on the evening which was very helpful as nobody really wanted to come back too early on Sunday morning to face all those dishes and glasses. So thank you to Sue Smethers, Ann Allen and a couple of helpers who were all given a beautiful bunch of flowers from Liam.

Apart from catching up with everyone, the highlight for me was watching an old film about the Club set in the 60's - **Luff Thy Neighbour**. It was a fascinating insight into how the Club was back in those days. There were so many boats on the lake (50 on one start line) which was lovey to see, and



The Commodore thanking his wife

the way everyone spoke was so "proper". Delightful! Only one person there remembered most of the people and what was going on, it was great fun and probably very nostalgic as well. I believe some members had already seen this film over the years, but for quite a few, including myself, it was a first. Would it be a good idea to show it one evening to members who have never seen it, or those who would like to see it again, over a drink or a coffee?

All in all, it was a very successful evening and wonderful to have the support of so many members. When I left, I couldn't help thinking that to have that wonderful view of our lake, just how lucky we all are.

Thank you for a great time everyone.

Sue Davies

VHF Channel changes coming in 2017



Boat owners, shipping companies and anyone who puts out to sea are being informed about a change in some of the VHF channel numbers used to contact UK Coastguard.

As a result of changes to Appendix 18 (Marine VHF) of the Radio Regulations it will mean that VHF channels 23, 84 and 86 will no longer be used for either Maritime Safety Information (MSI) or Radio Medical Advice.

The channels to use from September 2017 will be VHF 62, 63 and 64. The use of VHF Channel 10 for MSI and pollution control (back up) is unchanged.

Mark Lawson from the Maritime & Coastguard Agency said: 'Although it's not happening until September, when it happens the changeover will be absolute and we want to make people aware of this changeover in good time given our commitment to deliver maritime safety and wider support to the maritime community.'

'The exact date of change will be announced as soon as possible. In the meantime, we suggest anyone who uses any type of vessel makes a careful note of these replacement channels so they are ready when it does happen.'

New Racing Rules for 2017



The new
World Sailing
Racing Rules applied
from
1st January 2017
and can be purchased
direct from the RYA
as YR1/17

RYA Dinghy sailing books

RICKMANSWORTH SAILING CLUB
Troy Lake West Hyde Rickmansworth Hertfordshire WD3 9YB

**A fantastically friendly family club
on beautiful waters and a great
place to learn to sail or improve
your sailing skills**

**or perhaps train to handle a
power boat safely**

All for reasonable prices

We'd love you join us or to welcome
you onto one of our courses or both.
To find out what we offer and how to
join us please visit our website:
www.rscsailing.org

Training at RSC

We still need you

- ⇒ Good sailor? We can turn you into an RYA instructor
- ⇒ RYA Instructor? Don't be shy - go on, join the team today!
- ⇒ Powerboat driver? Come along to keep us safe while we train.
- ⇒ Others, such as greeters and meeters.

New website

We need to attract people to train with us and a big part of that is advertising, presence at events and open days at the club.

A new website for the Club is now live and will help us to give a better window to the Club, what's going on and, of course, the training we've got on offer.

Keep checking out www.rscsailing.org to see the change.

People (Volunteers)

We still need helpers: sailors, power boaters, a bit of paper workers - we can probably find a useful job for **YOU!**

RSC's second season as an RYA Recognised Training Centre

We're hoping that it will be a great year for the training team and the club.

We're looking to introduce even more people to a fantastic sport and a great club.

Club Boats

We're really glad to have added two boats to the fleet. They will help us to deliver training as last year we had to borrow members' boats.*

Both are second hand but in good condition.

We now have:

a **Comet Versa** - a good, stable dinghy with a turn of speed especially when flying the asymmetric,



and



a **Laser 2000** - again a good training dinghy but with more of a modern look.

When not being used for training they are there to be hired by members - why not give them a lap or two around the lake?

*With their consent, of course

Training the Trainers

Going further

The Committee has agreed to subsidise external RYA training for those who commit to delivering training for RSC so becoming a Dinghy or Senior Instructor will cost you less and you'll have an internationally recognized qualification into the bargain!

Developing skills

We're committed to improving the training we offer and so are running a coaching day for our instructors on **22 April**.

If you'd like some tips from an RYA coach assessor and can commit to helping us teach please let me know, you might be able to join us for the day.

First Aid

Our instructors need to know what to do in the event of an accident or emergency and so renew their first aid qualification at least once every three years.

We had a great day earlier in March led by RYA First Aid trainer Tim Allen from Watercraft, ably assisted by our own first responder, Martin Smethers.

As a result of this course there are now 12 people with brand-new first aid certificates in the Club.

Great to know that there are more people around with those skills - please just make sure that we don't need to use them!



If you're interested in any of the above please contact me (Martyn Hawkins) or Graham

2017 RYA POWERBOAT COURSES

RYA and IN-HOUSE SAFETY BOAT COURSES



**RYA COURSES at
COMPETITIVE PRICES**



RYA PB1 Course

A 1 day course which covers basic powerboat handling.

Members price £60 per person

RYA PB2 Course

A 2 day course for powerboat handling, covers boat handling, rules of the road along with other basic skills associated with power boating.

Members price £90 per person

RYA Safety Boat Course

A 2 day course covering a range of safety boat operations and situations including the recovery of canoes, sail boards and dinghies.

Members price £100 per person

FREE IN-HOUSE COURSES

In-house courses available

SAFETY BOAT COURSES	COURSE ENTRY REQUIREMENTS
MUST HAVE OR MUST BE:	
LEVEL 1 In House Safety Boat Course	
Our basic course for powerboat handling & safety boat procedures	Club member
FREE 1 day course	
LEVEL 2 In House Safety Boat Course	
More advanced safety boat procedures	Club Member
	In House Safety Boat Level 1
FREE 1 day course	Age 16+
LEVEL 3 In House Safety Boat Course	
More advanced safety boat procedures using our Valliant Rib	Club Member
	In House Safety Boat Level 1, RYA PB2 or RYA Safety Boat qualification
FREE 1 day course	Age 16+

PLEASE CONTACT GRAHAM TO BOOK ANY
COURSE OR DISCUSS YOUR REQUIREMENTS
E-mail grahamrgs@btinternet.com



RICKMANSWORTH SAILING CLUB
Troy Lake West Hyde Rickmansworth Hertfordshire WD3 9YB

Firefly Open Meeting

part of the M25 Series

Saturday 6th May 2017

Entry fee £15 per boat
(reduced to £10 if both helm and crew are under 18)

 **Free bacon bap and hot drink from 0900** 

Briefing 1020
1st Race 1100

2 out of 3 races to count
Lunch and afternoon tea available

For further information, please contact either

Steven Greaves
stevenmgreaves@gmail.com
Mobile: 07961 350033
or
Martin Smethers
martin@smethers.co.uk
Mobile: 07860 352279

RICKMANSWORTH SAILING CLUB
Troy Lake West Hyde Rickmansworth Hertfordshire WD3 9YB

Comet Open Meeting

 **Comet Class Association**

Saturday 9th September 2017

Entry fee £15 per boat
(reduced to £10 if both helm and crew are under 18)

 **Free breakfast bap and hot drink from 0900** 

Briefing 1020
1st Race 1100

2 out of 3 races to count
Lunch and afternoon tea available

For further information, please contact

Martyn Hawkins
martyn_hawkins@hotmail.com
07951 694673 or 01753 651353



Week Day Sailing

The Club is not just open for Sunday Sailing. We have lots of days set aside for training and other events. Today, many people have varied working schedules, such as Police, Ambulance. There are lots of organisations that operate around the clock. This means their 'time off' occurs mainly in the week.

Well, members now can relax on the water during the week. The U3A (which is a social organisation) uses our lake on a regular basis.

Your Committee provides OOD coverage for each visit to our club. So if you want to 'chill out' join us on one of the following mid-week dates.

The Club will be Open from 1300hrs to 1630hrs.

Come for a sail or just sit and have a glass wine or a pint of Rebellion at only £2.50 a pint OR just come down and do a few jobs to help maintain the Club.

Dates for 2017 are

Tuesday April 11 th	Wednesday April 26 th
Tuesday May 9 th	Wednesday May 24 th
Tuesday June 13 th	Wednesday June 28 th
Tuesday July 11 th	Wednesday July 26 th
Tuesday August 8 th	Wednesday August 23 rd
Tuesday September 12 th	Wednesday September 27 th
Tuesday October 10 th	Wednesday October 25 th



**In case of FIRE,
the Assembly
point is in the
car park,
near Alcatraz**

Waitrose Community Matters

We support good causes.
You decide who gets what.

**Collected in Ruislip during
March, we await the amount.**





A group of Skippers are walking through town looking for a crew, when they see a five-story building with a sign that read, "Crew Association: Ship's Crew Available"

Since they are without their crews, they decide to go in. The Security Guard, a very salty type, explains to them how it works. "We have five floors. Go up floor by floor and once you find what you are looking for, for crew, you can go there and make a selection. It's easy to decide since each floor has a sign telling you who's inside."

Everything seems wonderful, so they start going up and on the first floor the sign reads, "All the crew on this floor are beginners."

The skippers laugh, and without hesitation move on to the next floor. The sign on the second floor reads, "All the crew here are experienced, smart but weak."

Still, this isn't good enough, so the Skippers continue on up. They reach the third floor and the sign reads, "All the crew here are experienced, smart and strong."

They still want to do better, and so, knowing there are still two floors left, they kept going. On the fourth floor, the sign is perfect, "All the crew here are experienced, smart, strong and Former Americas Cup Champions." The Skippers get excited and are about to go in when they realize that there is still one floor left.

Wondering what they are missing, they head up to the fifth floor. There they find a sign that reads, "There are no crew here. This floor was built only to prove that there is no way to please a Skipper!"

Two people are out sailing when suddenly a hand appears in the sea.
 "What's this?" asked the skipper, "It looks as if someone is drowning!"
 "No," explained his crew, "It's just a little wave."

TP

STOP THE SPREAD

INVASIVE AQUATIC SPECIES

CHECK-CLEAN-DRY

Are you unknowingly spreading invasive species on your water sports equipment and clothing?

Invasive species can affect fish and other wildlife, restrict navigation, clog up propellers and be costly to manage. You can help protect the water sports you love by following three simple steps when you leave the water.

CHECK Check your equipment and clothing for live organisms - particular in areas that are damp or hard to inspect.

CLEAN Clean and wash all equipment, footwear and clothes thoroughly. Use hot water where possible. If you do come across any organisms, leave them at the water body where you found them.

DRY Dry all equipment and clothing - some species can live for many days in moist conditions. Make sure you don't transfer water elsewhere.

For more information go to www.nonnativespecies.org/checkcleandry



Members, visitors and guests of the Club may use the Club premises, and any other facilities of the Club, entirely at their own risk and impliedly accept

that:

- The Club will not accept any liability for any damage to or loss of property belonging to members, visitors or guests.
- The Club will not accept any liability for personal injury arising out of the use of the Club premises, any other facilities of the Club either sustained by members, visitors or guests or caused by the said members, visitors or guests whether or not such damage or injury could have been attributed to or was occasioned by the neglect, default or negligence of any of them, the Officers, Committee, Trustees, Members or Servants of the Club, Visitors or Guests.

March 2017



Feast of St Peter

Saturday 24th June

A big part of club life and jolly good fun is promoting our Sailing Club.

Last year we booked two pitches at the Feast of St Peter Show in Chalfont St Peter on Gold Hill Common.



The day was a great success it started at 8am setting up our pop up tent with all our advertising.

On the stand were Sean, Jane, Peter, Celia, Liam, Ann, Sue and Martyn, Graham and John who chatted about learning to sail. Jonathan Baggott transported everything for us including a Wanderer and a kayak. We all had good fun talking to people and getting them to enter our draw for one free family membership to be drawn on the day. We had 86 entries! Finally we just had to adjourn to the 'Jolly Farmer' for a pint and to talk about the day!



This year will be better still as we have a lot more training to offer new members. We plan to start our promotion days with the first event **'Push The Boat Out Open Day'** at the Sailing Club on the 13th May, run by David and Claire. The second will be 'Feast of St Peter' this year on the 24th June. Finally a Family and Open Day on the 16th July.

If you would like to help us please contact me I look forward to hearing from you

Peter
Rear Commodore

REVELS

ON THE GREEN

Next Revels:
Saturday 24 June 2017
1:30 - 5pm on The Green

It is a few years since we were at Croxley Revels. We aim to be there again this year, although it does coincide with The Feast of St Peter.



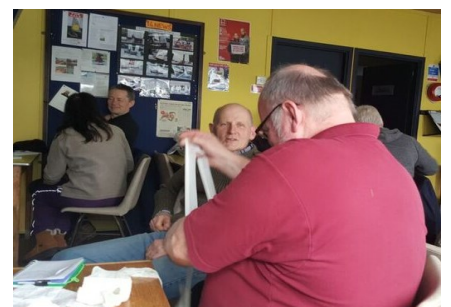
If you can help at the Croxley Revels, please contact Ian Turffrey, Sean Hodges or Paul Johnson.



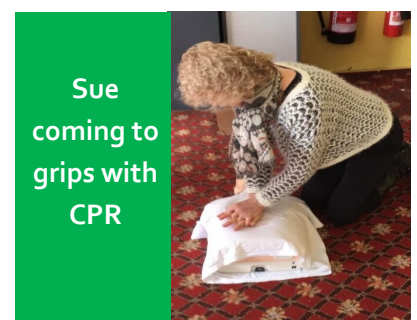
Twelve members either qualified for the first time or did a three year requalification at an RYA First Aid Course held on Saturday 4th March. Congratulations to all those who attended and passed (no one failed!).



Instructor
Tim Allen
showing what
you can do with
a triangular
bandage



John T being watched by the
Commodore to make sure he is
doing it correctly



Sue
coming to
grips with
CPR

Medical Information Forms

If you have not already done so, please complete this form and return it as soon as possible. There is a further copy included with this Troy Times.

There have been a couple of new First Aid boxes placed in the kitchen. The lower green box contains blue catering plasters, bandages etc., and is only to be used by those who are catering in the Kitchen or Bar. The orange box above it contains items for dealing with burns. Both these boxes are sealed and should not be used for general purposes.



For general use, the one to the right of the serving hatch contains all that you should need. This one is not sealed.



If you use any items from any of these boxes, would you please enter the details in the record book which can be found behind the Bar, so they can be properly restocked. There is also an Accident Book there for recording any incident where medical intervention is required.



The instructions for filling in the Accident Book are written on it.

AED.

I will be running a familiarisation course on the 8th April, and have a few places left. Please call me on 07860 352279 if you are interested, or email me at martinsmethers@rscsailing.org asap.



FIRST AIDERS ARE:

Martyn Hawkins	Jane Hawkins
Martin Smethers	Sean Hodges
Graham Smith	Paul Johnson
John Thomson	David Matthews
Ian Turffrey	Sue Davies
Jonathan Carter	Nigel Heeler
Michael Smith	

21/03/17

New Handbook coming soon

The Committee apologise for the delay in publishing the 2107 Club Handbook. There have been some members who have not renewed as quickly as others and the Committee wanted to ensure that the list of members was as up to date as possible. This will be sent out to all members who have renewed in the next few weeks.

If you are not in the new handbook, this will be the LAST issue of Troy Times or any other mailing from the Club you will receive.

If you do not receive the Handbook by the end of April, please contact the Membership Secretary, Sean on 07789 814430 or email him at rsc.membershipsecretary@gmail.com

RICKMANSWORTH SAILING CLUB



MEMBERS HANDBOOK 2017



Troy Lake,
Old Uxbridge Road
West Hyde
Rickmansworth
Hertfordshire WD3 9YB

Clubhouse telephone:
07964 220104
(During opening hours only)

www.rscsailing.org
Email: info@rscsailing.org





RICKMANSWORTH SAILING CLUB

Troy Lake West Hyde Rickmansworth Hertfordshire WD3 9YB

Home
About RSC
What's on?
Membership
Training
Facilities
Contact us
Club Documents
Members' Area
Members' area
Club Clothing
Duty Roster
Sailing Instructions and rules
An Edition of the Troy Times

About us

We're a really friendly club sailing and socialising in a lovely setting [here](#) on 45 acres of water owned by the members.

We sail all year round aiming to make sailing with us fun with a mixed sailing programme suitable for all ages.

We race on **Sundays** throughout the year from 12:00 and on Wednesday evenings during the winter months. We have a racing series of supervised sailing too so you can just cruise about and maybe anchor up in the middle of the lake with your own boat.

We also offer **reasonably priced sailing instruction and coaching** for members (Non-members can also book a lesson). It's a bit of an investment but still great value so if you haven't taken the plunge to [join us](#) yet, go on, it doesn't cost much to be a member.



What?

365 days of sailing
Racing AND cruising

A great social calendar - a really friendly club with a well-stocked bar

Training (if you need it) led by RYA qualified instructors

Club boats - very reasonably priced and ready for you to hire until you get your own boat

Where?

Between Maple Cross and Denham in beautiful surroundings - you might be tempted just to get a drink from the bar and watch!

Come and see us

We're always glad to see people interested in sailing, just come in while we're on the water.

The best time to catch us is Sunday from around 11:30 onwards. In summer you can pop in on a Wednesday evening.

Of course, if you want to be sure there's someone around you can always give us a ring first.

New look website now live



Automated External Defibrillator (AED) Algorithm



AED

Familiarisation Course

Saturday
8th April

10:30 - 12:30

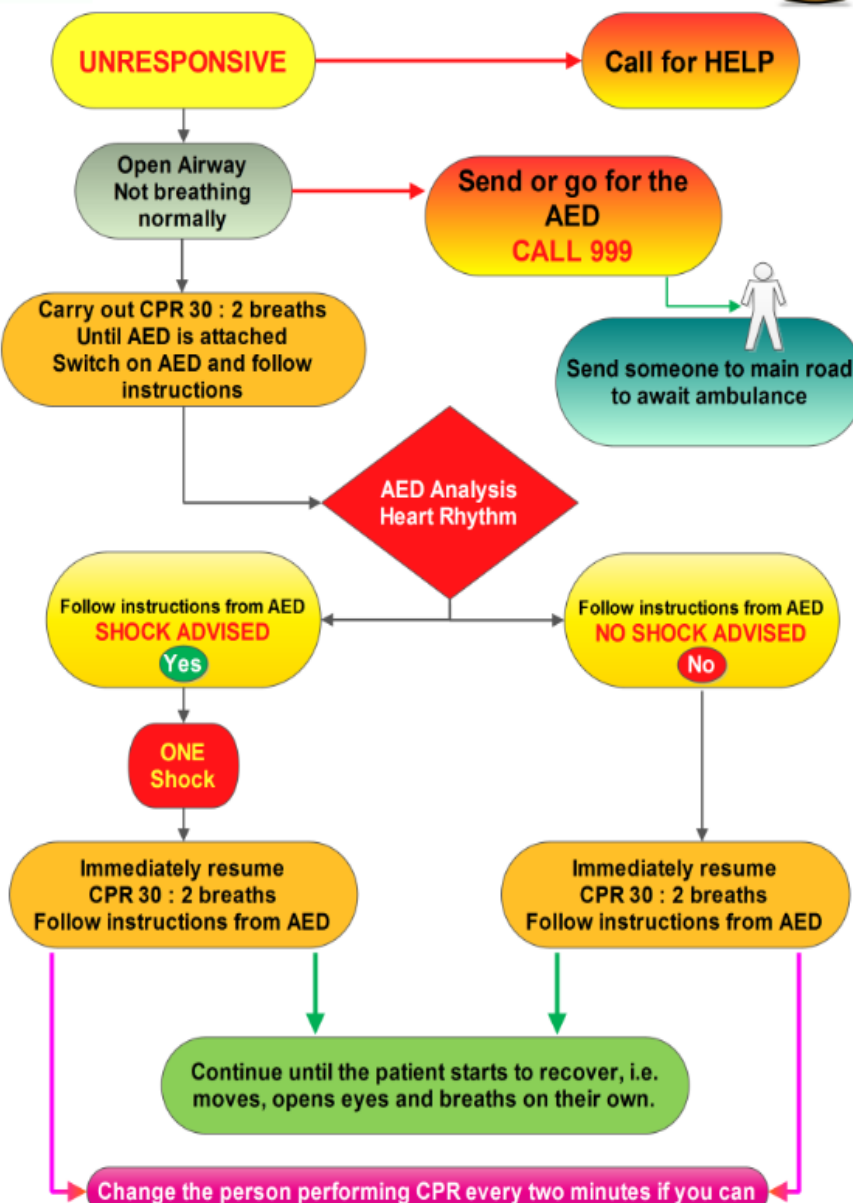
Fully functioning training Defib to practice with.

A few places left,
please contact
Martin Smethers

07860 352279 or

martinsmethers@rscsailing.org

As soon as possible



New Range of Clothing



Fleece

£26 inc VAT



Polo Shirt

£21 inc



£9 inc VAT

Not included in the price of a Fleece or Sweat shirt.



Sweat Shirt

£21 inc VAT

RSC Logo on left breast
RSC Website beneath the collar line on back
RSC Website above the adjusting strap on back of cap
Personalisation can be done at extra cost, contact John Ashton on 07779 800424 to discuss details and costs

Polo shirts only in 5XL and 6XL

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Chest to fit (ins)	34-36"	36-38"	38-40"	40-42"	42-44"	44-46"	46-48"	48-50"	50-52"	52-54"

ORDER FORM			
Item	Quantity	Size	Price
Total amount due £			

How to pay and order

- 1) Complete the order form above, include price and calculate the TOTAL amount to pay
- 2) Pay by BACS transfer to
Rickmansworth Sailing Club
Sort Code: 30-15-95 Account Number: 00056128
and mark payment reference as CLOTHING
- 3) Scan and send your completed order form to: John Ashton at john@vja.me.uk
- 4) Complete your details below

Name		Telephone:	
Email address			

You will be advised when your clothing is ready for you to collect from the Club

Plans for sea sailing this season are well advanced, with a number of charter bookings already made. The attached schedule shows both those trips that have confirmed dates on specific boats and also shows possible dates for other trips which have yet to be arranged, subject to there being sufficient demand.

The list of Charter Boats includes the 35ft catamaran Scott Bader that we used on several trips in 2016 (shown as CAT), Boleh which is a restored Malay sailing barge, Marilyn which is the 62ft Schooner that we sailed on last September and an Anderson 42 which is an 8-berth cruising mono-hull.

Anyone who has not yet contacted me but is potentially interested in joining one or more of these trips, please send me an email, ideally with a scan of their completed form. After printing out your paper copy, please name it at the top and show your preferences (H,M or L) just for those trips that interest you and where a range of possible dates are shown (for trips not yet booked) please state if there are any specific dates when you are not available.

In addition to these UK trips, I am also looking at the possibility of a shore-based dinghy sailing holiday in the first half of October on the Mar Menor, a large sheltered lagoon on the South-East coast of Spain, in Murcia. Two of us went there last October and enjoyed some fantastic sailing in warm waters and stayed in a local 4 star **** hotel. Anyone potentially interested in this for 2017 please let me know and I will include your name on a mailing list to update you as plans progress on the arrangements.

For further information on the U3A organisation, please click on the logo



THE UNIVERSITY OF THE THIRD AGE

Martin Rogers

MartinR@gmx.co.uk



Since the construction of the Egyptian pyramids, Stonehenge and Silbury Hill, man (and woman) has enjoyed building projects of a truly gargantuan scale. The humble worker may not always have understood the full purpose of his (or her) efforts; perhaps it was something to do with religious or astrological observance, or even fertility. Yet the underlying reason mattered not; man (and woman) perhaps found peace of mind from contributing to something far greater than their individual selves; something which would last for thousands and thousands of years, and potentially even be visible from outer space.

Keeping this tradition well and truly alive (and with the remains of the Christmas turkey still cooling) a working party assembled at RSC recently under principal architect Paul Hill, to continue the construction of the new slipway. Blending the very best of traditional craft skills, modern technology and concern for the environment, the 138,000 cubic metres of liquid concrete required was mixed both by hand and by machine, using only natural spring water drawn directly from the lake, a few litres of locally sourced coffee and a packet of Hob Nobs.

Collective endeavour directed toward a common ambitious goal is always emotionally enriching. This may explain the tears I gently cried as the morning drew to a close - it was either that, the great good humour of those involved, or the inhalation of too much concrete powder. No matter the cause, as Paul and Steve gently tamped the surface to glistening perfection, I was left feeling pleased to have played a very tiny part in the fulfilment of such a grand design.

Anonymous

RSC Sea Sailing - Preference sheet 2017

RSC SEA SAILING 2017

PREFERENCES SHEET
Vn 5

Name: .

TYPE of SAILING TRIP	DATES			PREFERENCES			CHARTER BOAT		COMMENTS
	WEEK No.	DAYS	MONTH	HIGH MED LOW	DAYS NOT AVAILABLE	CAT MOND - HULL EITHER	OPTIONS	BOOKED	
DAY SAILS	21	23	MAY			C	CAT	B	
	29	18	JULY			M	BOLEH	B	
	29	19	JULY			M	BOLEH	B	
	37	12-15	SEPT			M	BOLEH		
	38	18-21	SEPT				CAT BOLEH MERRILYN		
2-DAY CRUISE	26	26-29	JUNE				T.B.A		
	31	3-4	AUG			M	Sweden 42	B	
	37	12-15	SEPT				T.B.A		
3-DAY CRUISE	31	31 Jul /1-2	AUG			M	Sweden 42	B	
	37	12-15	SEPT				T.B.A		
MAXIMUM TOTAL DAYS For The YEAR									

PLEASE RESPOND to Martin Rogers at MartinR@gmx.co.uk



RICKMANSWORTH SAILING CLUB

Troy Lake West Hyde Rickmansworth Hertfordshire WD3 9YB

Member Information for use in an Emergency

In case of an emergency and as part of the Clubs responsibility to its membership, ALL Club members are requested to complete this medical information form as accurately as possible. This is of the utmost importance if you are likely to be at the Club alone and/or without any other member of your family with you.

These details will be held in a secure box with access restricted to authorised club officers only, but may be passed to the emergency services if required.

Please type or complete in BLOCK CAPITALS

Boxes marked with an * MUST be completed please, others are optional but desirable

*FULL NAME			*DOB	
*ADDRESS				
*ADDRESS		*POSTCODE		
*NAME of NEXT OF KIN or OTHER CONTACT		YOUR NHS No.		
*RELATIONSHIP (If any)		*PREFERRED PHONE No.		
GPs NAME		PHONE		
SURGERY				
*As far as you know, are you allergic to any drugs?	If so, please state here:			
Are you taking any regular medication? If so, for what reason?	If so, please state here:			
Do you have any long term illnesses or injuries?	If so, please state here:			
Do you have any of these disabilities?	☐ Deaf - completely ☐ Hearing impaired ☐ Visually impaired ☐ Physical disability If ticked, please add further information here			
Declaration	I consider myself (my son/daughter) to be physically fit and capable of full participation and agree to notify the Club of any changes to the medical information provided. Furthermore, in the event that I am injured I give my permission (for my son/daughter) for the senior club officer present to obtain medical treatment on my behalf. I also consent to the details on this form being handed to the emergency services if required and for my next of kin to be contacted by the Club / Emergency Services.			
Signed			Date	
Additional comments:				

When completed please return the signed form to:

Rev 03/17

Martin Smethers, Health and Safety Officer at the address below, or return by email to:

martin@smethers.co.uk



Please reply to: 10 Hazel Close, Alderholt, Fordingbridge, Dorset SP6 3DQ

Telephone: 01425 652196 Mobile: 07860 352279 Email: Martin@Smethers.co.uk www.rscsailing.org

An Inspired Facility





Invasive plants and animals harm the environment, block up waterways, make navigation and paddling difficult and can damage boat engines and props. Please help to prevent the spread. Remember to Check, Clean, Dry.



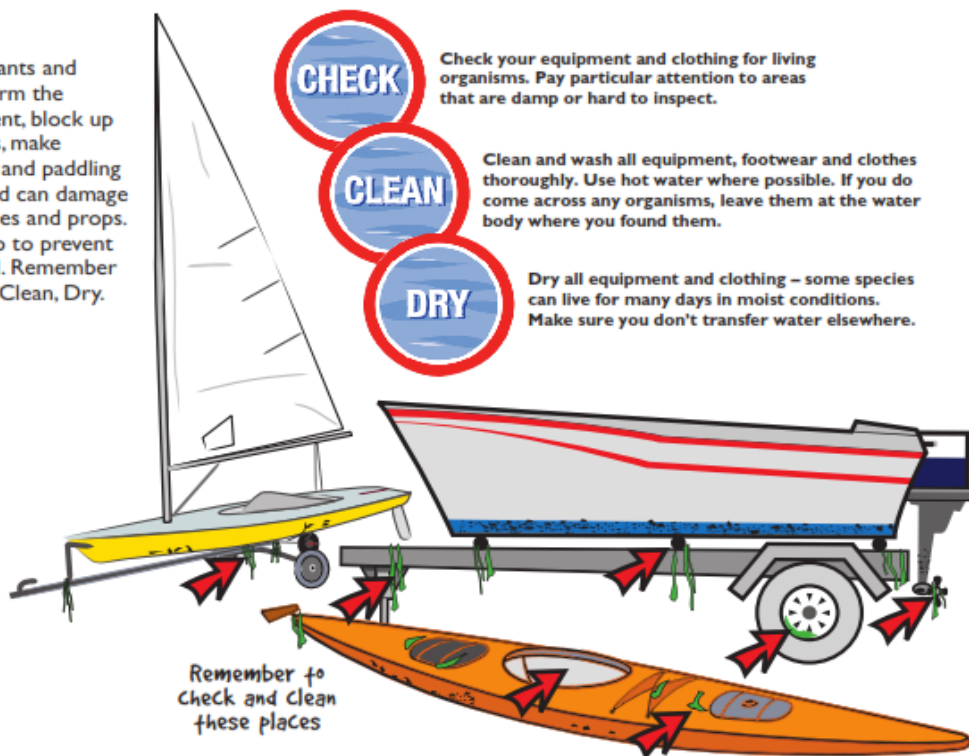
Check your equipment and clothing for living organisms. Pay particular attention to areas that are damp or hard to inspect.



Clean and wash all equipment, footwear and clothes thoroughly. Use hot water where possible. If you do come across any organisms, leave them at the water body where you found them.



Dry all equipment and clothing – some species can live for many days in moist conditions. Make sure you don't transfer water elsewhere.



Remember to check and clean these places

www.nonnativespecies.org/checkcleandry



Letter from the editor

Thanks to those who have contributed to this edition of the Troy Times and to the February and March Bulletins. As long as the copy keeps rolling in, both TT and the monthly bulletins will continue to be published.

Don't forget that you can include boats and gear that you have for sale (space permitting) and a photo would also be useful to include. Copy dates for upcoming issues are shown alongside, although it is always helpful to have it much earlier so that I can start composing the content earlier than the deadline dates.

If you have been on a sailing trip and think that would be of interest, a short article on that can also be included, it all makes for interesting and varied reading.

Martin S Editor
martin@smethers.co.uk

TROY TIMES

Publication	Final copy date
July 2017	28th June 2017
October 2017	27th September 2017
January 2018	27th December 2017
TROY BULLETIN	
May 2017	26th April 2017
June 2017	26th May 2016
August 2017	26th August 2017
September 2017	27th September 2017
November 2017	27th October 2017
December 2017	28th November 2017

