

October 2018

Commodore's Corner

The results of the RYA Club Members survey which was conducted earlier this year are now in, but the committee have not yet analysed them in detail as they did not arrive until the day of our meeting. There will be more about how the committee plan to use those results later in the year. Thank you to those members who took the time to complete the survey.

The Trojan meeting in September had a very good number of younger members attending. Unfortunately, this time there was no jumping into the water, but otherwise a good time was had by all. Six sessions this year, all well attended by the younger element of the Club and supported by parents and others. Thank you to all those who put time into organising these sessions.

Over the last couple of weeks, we have lost most of the fish stock in the lake, including probably all the specimen carp worth in the region of £10,000 each. With the oxygen crash which led to a very low, almost not existent level of diluted oxygen in the lake, none of the other species survived. We must consider what we do next in conjunction with Uxbridge Rovers and the Environment Agency. Only a few members remember the last occasion when we had a similar near total loss back in the mid to late 70's.

There is a Working Party on Saturday 6th October starting at 9am, when we would like to make more progress to complete the building works. On the 20th October, there will be a Musical Quiz, a Supper will be served as well. This is not the usual three course supper that takes all evening, as we must fit in the quiz as well. Either come along as a table/team of four or six other members or your friends, or you can be fitted into a team on the night.

Please make a note of the AGM on the 18th November, which will hopefully be followed by the Annual Prizegiving. A request has been put in for a visit from Father Christmas at the Christmas Lunch on Sunday 16th December, hopefully he will bring presents for younger members. Please make a note of both these dates now.

U3A have two more sessions this year, on Tuesday 9th and Wednesday 24th October. All RSC members are welcome to come and sail from 1pm onwards.

Commodore

YOU ARE INVITED

to our
ANNUAL GENERAL MEETING

**Sunday 18th November
in the Clubhouse
starting at 2.30pm.**

**Followed by Tea, Cakes
and then the
Annual**

PRIZEGIVING

**Working Party
Saturday
6th October,
09:00 - 13:00**



**Ross Charrot and
Andy Snooks**



RYA First Aid Course, Sunday 16th September

Left to right Pete Tobin, Peter and Pip Sutton with their RYA First Aid Certificates.

Celia Tobin and Bryony Brock made some excuse that they had to do their hair and then they vanished.



Elliott Watson being presented with his RYA Junior Stage 1

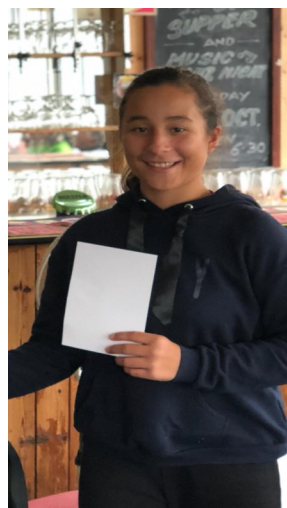
There have been several training sessions run during September.

In addition to three water based sessions, there was also a First Aid Course which increased our qualified members by five.



Michael Grace receiving his RYA Level 1 from his Instructor, Dave Matthews

We have several problems in getting members onto courses as and when they want them. Please bear in mind that none of our instructors are paid and they give their time freely. It does not go down too well when they have agreed to give up their Saturday to help with training to find that we get last minute cancellations the day before. This



Emily Potts (*above*) receiving her RYA Junior Stage 1 certificate and her brother Liam (*right*) receiving his RYA Adult level 1

leaves them with little to do, or we have to cancel the course because the number of trainees has dropped. Nor does it help when we are being chased to get members on a course and they are booked on and confirmed on a Monday,



to receive an email on the Tuesday to say that “my wife has just told me we have something else on this Saturday”. We may have to consider next year bringing in a condition that your place is only confirmed once we receive your course fee. This is what happens at the majority of training centres and we may have to operate like this as well. Whilst we try and accommodate everyone as they would like, it is not always possible, but much of this is due to the non-flexibility from trainees as we would like, bearing in mind we all give our time freely and are more than happy to do so.

Remaining dates for 2018

These are on Saturday 13th and 27th October. Will any instructor who can assist on either day, along with safety crews, please let Graham know asap, either by email or via the web site.

RYA
Which
Course?

[Click here](#)

Rickmansworth Sailing Club

INVITES MEMBERS & GUESTS TO

Music Quiz & Supper

Saturday 20th October 2018

Bar Opens at 6.30pm

Come and have some fun!

Cost £10.00 per person

Book by Sunday 14th October

Bring a team or join a table (max 6)

reservations@rscsailing.org or ring 01494 872571

Book now by emailing your requirements [clicking here](#) and then pay by

BACS payment to RSC: Sort Code 30 - 15 - 95 Account number 00056128

If you prefer to pay by card, please click the PayPal logo 



September Working Party

8 am saw a sunny and peaceful wildlife start at the club, but someone beat me to it, yes it was John Ashton there for the two day PB2 training course that he was running.

The aim was to work on the bigger projects, we needed to concentrate on them before the weather gets the better of us.

16 people attended and set to work on:

- ⇒ The new slipway base was completed by Richard on the mixer, Ed and Nigel spreading the concrete and Dave on the water supply. The next aim is the garage base.



- ⇒ The workshop base needed the hardcore grading, Caroline who was thinking a lot better than me, said let's put the loose soil on the slopping bank opposite the workshop entrance, so Caroline, Peter and Tomasz set to work.



- ⇒ Electric cable trench needed the concrete path cutting out to go under the ring beam of the workshop, so I hired a Kango and looked around for a strong man to handle it, well done Ian, then when Paul came in from a

mornings work and cut under the ring beam into the workshop and laid the cable and trunking over to where we need to terminate it.



- ⇒ Work was carried out over by the sluice gate, Jonathan loaded the dory with bricks placed strategically so as to even the load - well what would you expect from a professor.



- ⇒ The ballast and pea shingle, that was delivered with the compliments of Jack Byne, was moved from the workshop to the slipway mixer by wheel barrow, well done Chris.



- ⇒ Sean was back filling the trench and grading the bricks for the workshop base.
- ⇒ Merelene and Agi set to working on the harrower, buoys and weights, these all needed each chain and hooks to be cable tied carefully ready for use next April.



By 11am we all needed some refreshment, sausage rolls, Bakewell tarts, fruit, tea, coffee and cup-a-soup all went down well. Thanks to Jayne and Agi.



Finally, I would like to thank everyone for their hard work on such a hot day 25°C; Dave Jeffers, Ed Pryor, Richard Foyle, Jonathan Carter, Peter Heilbrunn, Agi Klosko, Jayne Hodges, Paul Hills, Caroline Webb, Merelene Davis, Chris Buckland, Tomasz Klosko, Sean Hodges, Nigel Heeler and Ian Turffrey.

I would also like to thank everyone who helped at the work party on the 16th July.

Peter

FAMILY CHRISTMAS LUNCH 2018

Sunday 16th December
Details to follow next month, please put the date in your diary now.

We are hoping that Father Christmas will attend with some presents for the younger members.



Saturday 15th September saw 15 Trojans taking to the water for our 6th Trojans session of the year. After having a rigging competition won by the Foxes, there were youngsters afloat in a variety of crafts by 1:30pm. Everybody had a go at sailing, and many had a go in kayaks and went for a ride in Betty as well. There was a quick break at 3pm for some much needed refreshments and then back they went for another hour or so. It was a really successful session all round, with great weather - light winds and even some sunshine.

Many of our regular Trojans demonstrated just how much progress they've made, in particular Toby, Scott, Thomas and Alex who took some of the newer ones on the water. Everybody has improved so much over the sessions, but because the weather is becoming increasingly unreliable, we have decided not to run another session this year. However, we look forward to continuing in 2019 - and all help will be greatly appreciated!

We plan to have a planning meeting later in the year. If you would like to be included, please send and email to trojans@rscsailing.org so that we can add you to the mailing list.

Briony



PTBO Open Day
Saturday 18th May 2019



Comet Combined Classes

Open Meeting 8th September

Comet Class Association



Five visitors turned up on Saturday 8th September for the Comet Open but sadly none from the home fleet. We had hoped for at least the same as last year, when ten boats arrived, but this did not happen. Talking to the visitors, those who came certainly enjoyed the day, starting with the now familiar trademark of Bacon Butties, supplied by Sue Smethers, followed by ploughman's lunch served by Sue and Janis Dowling and of course, cakes and tea in the afternoon.

Next year, the event will be on the 7th September when we plan to include the Laser Class as well. Please make a note of the date now, Saturday 8th October 2019.



After tea, the prizes for the day were presented by John Thomson, Rear Commodore. Bob Dodds seems to be getting the hang of our shifty winds, winning the event again this year.



1st Bob Dodds
CMYC



2nd Michael Etternshank
Up River Yacht Club



3rd Chris Robinson
Burghfield Sailing Club

**Sailing, Windsurfing and
Powerboating should be**



SAFE & FUN

**Everyone should be treated with
respect, and should show respect
to others.**

If you are worried about the way another young person
or an adult is treating you or someone else, there is
someone you or your parents can talk to.

Club / Centre / Event: Rickmansworth Sailing Club



Child Welfare Contact

Name: Ann Allen

Email: firefly3340@gmail.com

Phone: 01494 785360

RYA Safeguarding Manager: ☎ 02380 604 104 ■ safeguarding@rya.org.uk
🌐 www.rya.org.uk/go/safeguarding

ChildLine free 24 hour helpline: ☎ 0800 1111 🌐 www.childline.org.uk

NSPCC 24 hour helpline: ☎ 0808 800 5000 🌐 www.nspcc.org.uk

Children 1st (Scotland): ☎ 08000 28 22 33 🌐 www.children1st.org.uk

Dealing with bullying : 🌐 www.kidscape.org.uk

Subscriptions 2019 Week Day Sailing

In accordance with rule 5.2, the Committee have decided to increase the subscriptions from renewal on or after the 1st November 2018 by a modest amount.

Renewals will be emailed out during October for those due for renewal in November. Those members who joined during the year will be emailed when their membership is due. It would considerably reduce the administration if payment is made by BACS transfer please. Full payment details will appear in the email with your renewal.

Category	2018	2019	+ %
Full	102.00	105.00	2.94%
Family	209.00	215.00	2.87%
Junior	45.00	46.00	2.22%
Student	45.00	46.00	2.22%
Social	57.00	59.00	3.51%
Outport	21.50	22.00	2.33%
Boat Mooring	77.00	80.00	3.90%
Entrance Fee	80.00	83.00	3.75%
Average			2.97%

The Club is not just open for Sunday Sailing, we have lots of days set aside for training and other events. These days, many people have varied working schedules, such as the police and ambulance services. There are lots of organisations that operate around the clock. This means their 'time off' occurs mainly in the week.

Well, members now can relax on the water during the week. The U3A (which is a social organisation) use our lake on a regular basis.

Your Committee provides OOD coverage for each visit to our club when there is also a patrol boat on the water. So if you want to 'chill out' join us on one of the following mid-week dates.

The Club will be Open from 1300hrs to 1630hrs.

Come for a sail or just sit and have a of glass wine or a pint of Rebellion at only £3.50 a pint OR just come down and do a few jobs to help maintain the Club.



Tuesday October 9th

Wednesday October 24th

STOP THE SPREAD

Are you unknowingly spreading invasive species on your water sports equipment and clothing?

Invasive species can affect fish and other wildlife, restrict navigation, clog up propellers and be costly to manage. You can help protect the water sports you love by following three simple steps when you leave the water.

CHECK

CLEAN

DRY

Check your equipment and clothing for live organisms - particular in areas that are damp or hard to inspect.

Clean and wash all equipment, footwear and clothes thoroughly. Use hot water where possible. If you do come across any organisms, leave them at the water body where you found them.

Dry all equipment and clothing - some species can live for many days in moist conditions. Make sure you don't transfer water elsewhere.

For more information go to www.nonnativespecies.org/checkcleandry

Join
 Shop
 Raise

Collect **FREE** funds for us any time you shop with

easyfundraising
feel good shopping

Sign up now

£182.50

Has been raised so far

[Click here](#)



Range of Club Clothing



Fleece

£26 inc VAT



Polo Shirt

£21 inc



£9 inc VAT

Not included in the price of a Fleece or Sweat shirt.



Sweat Shirt

£21 inc VAT

RSC Logo on left breast

RSC Website beneath the collar line on back

RSC Website above the adjusting strap on back of cap

Personalisation can be done at extra cost, contact John Ashton on 07779 800424 to discuss details and costs

Polo shirts only in 5XL and 6XL

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Chest to fit (ins)	34-36"	36-38"	38-40"	40-42"	42-44"	44-46"	46-48"	48-50"	50-52"	52-54"

ORDER NOW FOR DELIVERY BEFORE CHRISTMAS

Order before 31st October to ensure delivery before Christmas

ORDER FORM			
Item	Quantity	Size	Price
Total amount due £			

How to pay and order

- 1) Complete the order form above, include price and calculate the TOTAL amount to pay
- 2) Pay by BACS transfer to
Rickmansworth Sailing Club
Sort Code: 30-15-95 Account Number: 00056128
and mark payment reference as NAME / CLOTHING
- 3) Scan and send your completed order form to: John Ashton at john@vja.me.uk
- 4) Complete your details below

Name		Telephone:	
Email address			

You will be advised when your clothing is ready for you to collect from the Club

LONE WORKING

The Committee would like to draw your attention to the policy for lone working at the Club, which not only applies to those engaged in work for the Club when they are on their own, but equally to those who go down at other times to work on their own boat. Most of this is common sense, but in order to comply with legislation it is included in the manuals (binders) located in the training hut. There is also one that covers working at heights, on ladders. Please be aware of them both.



Lone Working at Rickmansworth Sailing Club

Introduction

Under Health and Safety legislation there is no ban on lone working, however the implications of lone working must be thoroughly investigated.

Lone working occurs when a person is working on their own in a part of the Club compound that is otherwise occupied by other people, or when working alone in an area which is remote from the Club compound.

The following points should be considered;

The suitability of the person who will undertake the work

- Given that there will be no direct supervision, has the person received adequate training and instruction to carry out the job safely?
- Does the person have sufficient experience to be able to recognise an unsafe situation developing?
- Does the person know who, and how, to contact if a dangerous situation develops?
- Considering the possible physical nature of the job, does the person have a medical condition that might make them unsuitable for lone working?

The Risks

All risks have potentially more serious consequences when a person is working alone. For example, working at height, working in a area which could become a confined space, working with electricity, working with any substance which could deplete the level of oxygen and lead to reduced awareness or loss of consciousness, hot works, working over or near water, working with powered machinery.

Control Measures

More rigorous control measures may be required for a person working alone and should include:-

Ensuring the person is competent.

Supplementing the Risk Assessment with a Permit to Work which defines the limits of the work area and the time at which the work must stop.

Providing the person with means of communication

Implementing a check-in system, where the person makes contact with another at pre-agreed intervals, or where a 'buddy' makes regular contact to check that all is well or:

Make sure that someone away from the site knows that the Lone Worker is on site and for how long.

Provide a 'travelling' first aid kit when working away from the Clubhouse area.

Establish a rescue plan, including the personnel, equipment and expertise necessary, should a major problem develop.

Lone Working check List

- Have the Risks of Lone Working been assessed?
- Do the findings of the Risk Assessment show that there are hazards which make Lone Working un-advisable, or
- Lone Working may increase the Risks?
- Is the person physically fit enough to carry out the job without assistance?
- Does the location of the work make rescue difficult, for example when working on the shoreline away from the Club compound?
- Are the levels of Risk acceptable?
- Is the person capable of working un-supervised?
- Will the person be able to recognise an unsafe situation developing?
- Does the person know who and how to make contact in the event of a problem?
- Is a rescue plan necessary?
- Is a check in 'buddy' system necessary?
- Does the person have a medical condition which may make lone working in-appropriate?

A person working alone has to take all reasonable precautions for ensuring their own safety including, but not exclusively:

- **advising someone that they are working alone at the Club**
- **carry a mobile telephone with them at all times**
- **not undertaking any task that is beyond the capability**
- **not putting themselves into danger**
- **not to go afloat without adequate buoyancy**
- **adhering to guidelines if working with machinery and then only if they are trained to do so**
- **adhere to any other guidance or safety notes that are in the respective folder(s)**

MEMBERSHIP
INFO!

If you speak to any prospective members who come to the Club to get information about joining, you will find some Membership Information packs in envelopes in a box, either on or behind the Bar. Everything they will need to know is in these packs. Please hand one to these visitors.

October 2017
Martin Smethers



An Inspired Facility

LOTTERY FUNDED | SPORT ENGLAND

**inspired
by 2012**

Mid Week Break

May to first week in September have always proven very successful and always something to look forward to; the mid week break with the race starting at 7.15pm. The race can be a bit too late for some children but a race could be put on at 5.15pm, especially during school holiday time. It would be nice to have your views on this so we can take it up at a committee meeting. Email the Sailing Secretary.

The purchase of a new gas BBQ worked very well this year. Thanks to David Hurst for arranging this. The last two Wednesday's saw nine boats competing in the sunset. Thanks to Jayne Hodges



quick snap shots showing the sunset. The flood lights on the front of the boat shed work well, so thanks to Dave Matthews for this. After the boats had been put away it was back to the club house for that BBQ and a chat with friends. Thank you to the OODs and race teams for putting on lovely Wednesday evenings.



Diary Dates 2019

Fitting out Supper	23rd March*
Fourteen and Firefly Open	11th / 12th May
Push The Boat Out Open Day	18th May*
Summer Lunch	29th June*
Comet and Laser Open	7th September
Laying Up Supper	19th October*
AGM and Prizegiving	17th November
Christmas Lunch	15th December

**These events and dates are provisional*

IF YOU'RE THE LAST ONE OUT...

TURN OFF THE LIGHTS

But before you turn the main electricity switch OFF, would you please turn the lights, fridges and any other electrical appliance OFF

If you do not, then whoever switches on has to go round and do it, they often forget, so we use electricity for no reason and waste money!

TROY TIMES	
Publication	Final copy date
January 2019	27 December 2018
April 2019	27 March 2019
July 2019	27 June 2019
October 2019	27 September 2019
TROY BULLETIN	
November 2018	27 October 2018
December 2018	27 November 2018
February 2019	27 January 2019
March 2019	27 February 2019
May 2019	27 February 2019
June 2019	27 May 2019
July 2019	27 June 2019
August 2019	27 July 2019
September 2019	27 August 2019